

**The Stroke Comeback Center** is more than a nonprofit organization – we are a community of stroke and brain trauma survivors committed to living successful and productive lives. Our members, professionals, volunteers, coaches, and families know that recovery continues forever. Stroke Comeback Center is committed to supporting survivors every step of the way.



**In 2019, our commitment led us in new directions and to remarkable achievements. Join us in taking a look back...**



## Dear friends of Stroke Comeback Center,

The 2019 year was an exciting and rewarding one for the Stroke Comeback Center. The year found us heading in new directions through two new programs - our **Virtual Stroke Comeback Center and Loudoun Headway Project**. These programs allowed us to expand our support of stroke and brain trauma survivors and their families beyond the reach of our existing centers in Vienna, Virginia and Rockville, Maryland.

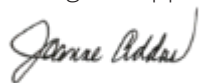
The Loudoun Headway Project provided a location in that county for members to gather and take classes. Going in a direction away from the physical location, the Virtual Stroke Comeback Center utilizes technology to enable those unable to travel, or who reside outside our physical geographic area, to participate in programs and become members of the Stroke Comeback Center. We are always looking for new and different ways to better serve our existing community and to bring our invaluable services to new members, whether in our wonderful physical centers, or now through our Virtual Center. Thanks to your generous support, and the talent and commitment of our wonderful staff, we were able to achieve this in 2019.

We are so pleased to continue to expand our community and further our mission of supporting survivors and their families through affordable, long-term services, with no survivor ever turned away for inability to pay. As a result of your donations, in 2019, we were able to provide over \$70,000 in donor-supported scholarships. The value of these scholarships is not limited to the dollar amounts associated with them, but rather is in the immeasurable impact these programs have on the lives of our members and their families.

I am extremely proud and honored to be a part of this wonderful organization and invite you to share in our journey by reading the 2019 Annual Report. Please know that the accomplishments highlighted are not just those of the members and the Stroke Comeback Center, but are yours as well. We refer to you, our staff and our members as a "Community" because we all depend upon one another to continue our mission. We sincerely thank you for generosity, support, and for being an integral part of the Stroke Comeback Center.

Please continue to follow us on social media and our website to see the exciting new directions that 2020 will bring.

With great appreciation,



Joanne Addas  
2019 Chair, Board of Directors

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# NEW DIRECTIONS

## Virtual Stroke Comeback Center

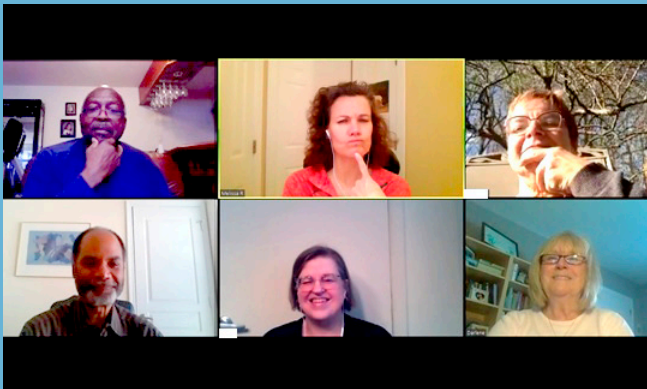


## Loudoun Headway Project



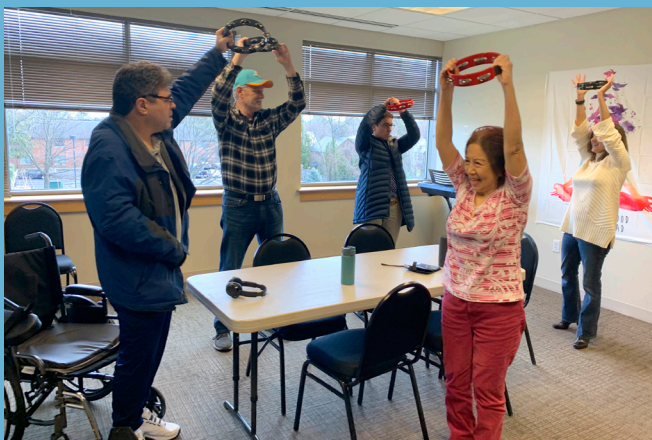
### Virtual Stroke Comeback Center

In August 2019 we expanded our services to serve stroke and brain injury survivors throughout Maryland, Virginia, and North Carolina through our new Virtual Stroke Comeback Center. By offering our same unique, small communication and fitness classes via videoconferencing, members can participate in our programs and be a part of our community from the comfort of their own homes.



### Loudoun Headway Project

In September 2019, through generous support of The Claude Moore Charitable Foundation, we headed to Leesburg and began our Loudoun Headway Project. This project brought our services and community to residents of Loudoun County and beyond. In addition to communication and yoga classes, the Loudoun Headway Project also offered an opportunity to achieve another program goal with the initiation of Music Therapy services.



## The Impact of Your Support on our Members and Caregivers - In Their Own Words...

**"I like that I can try and speak. You don't get embarrassed. It is comfortable." – R.B.**

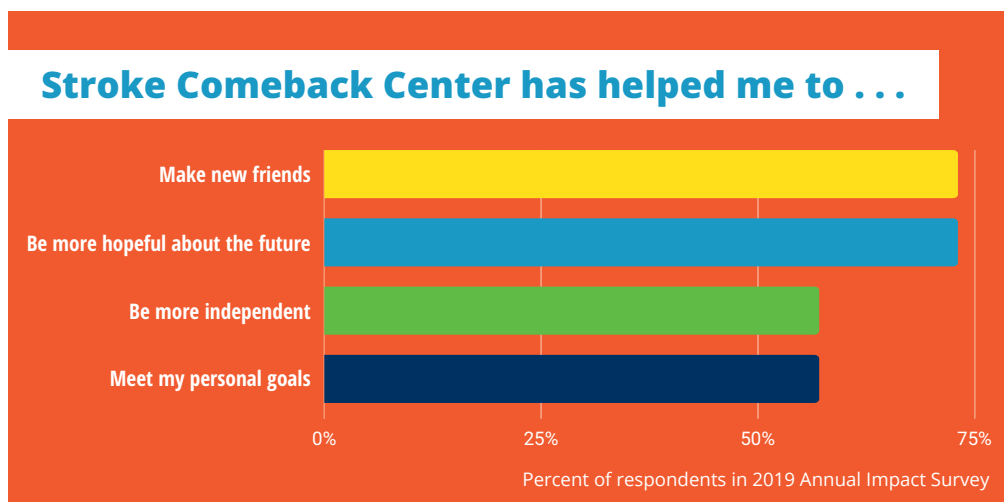
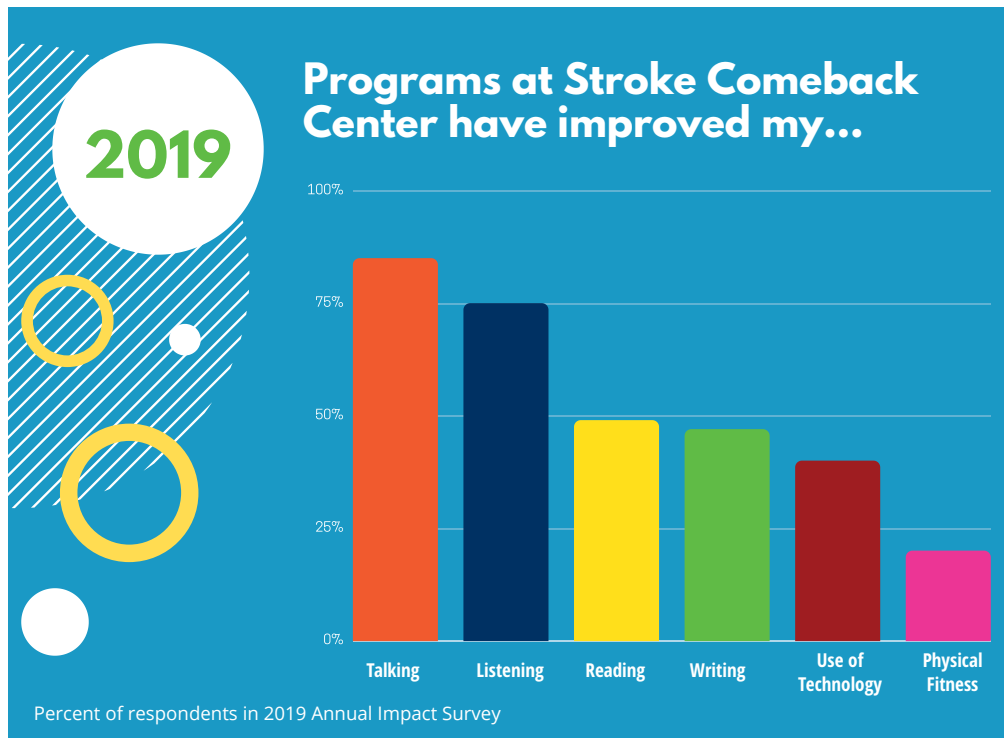
**"I've learned a lot here because friends in my class help me." – anonymous**

**"The ability to get back into the flow of life." – C.W.**

**"I like laughing with my friends at the Center." – L.P.**

**"Freedom to express myself." – N.H.**

# Some of the remarkable achievements you helped make happen in 2019...



"Love the support my family member and I get from the SCC! We are so fortunate to have Stroke Comeback Center available to us in this area."  
– anonymous family member

2019 Events

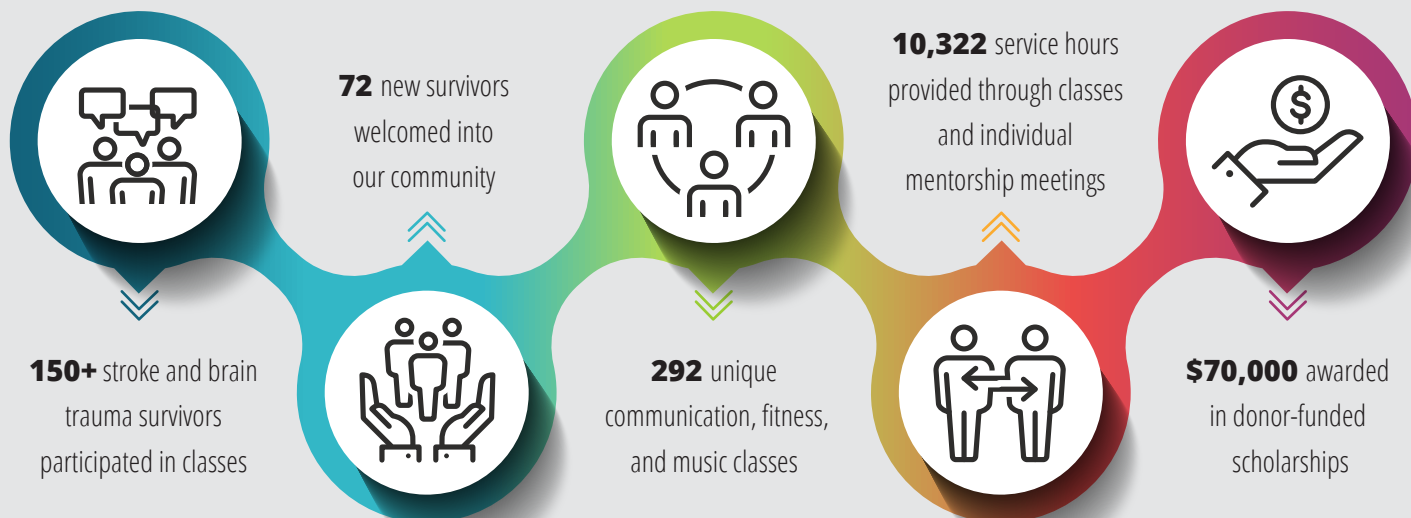
### Volunteer Brunch



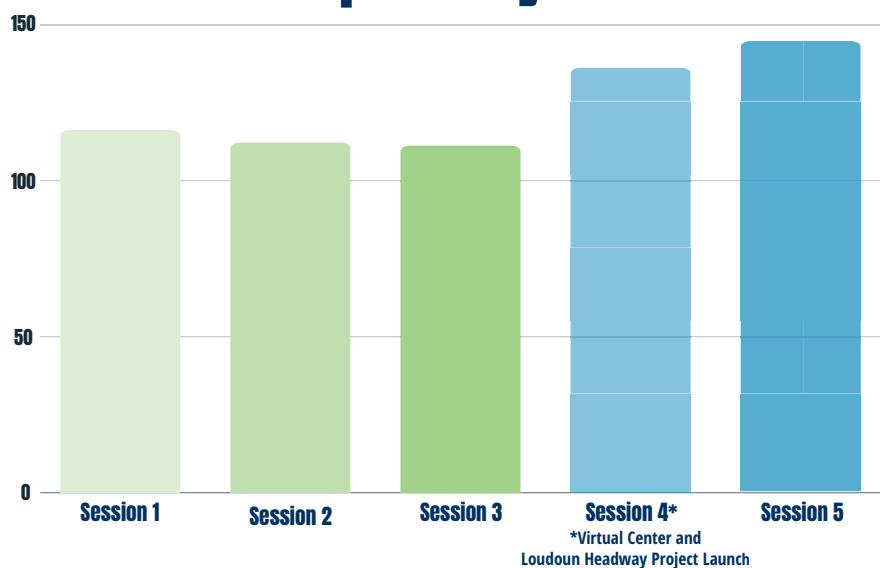


# Stroke Comeback Center + Your Support = Our Impact

## 2019 Total Impact Across 4 Programs



## Participants by Session



## 2019 Revenue



### Kaliekie Classic



Benefit of Chocolate



Mind Matters

### Stars for the Holidays



*The list below recognizes those supporters who, over the course of their years as donors, have contributed a cumulative \$25,000 or more. We gratefully acknowledge these generous and steadfast donors who have provided us with a foundation for our efforts. ( \* denotes support of \$50,000+)*

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Thank you to all our committed supporters.

## Your Support = Our Impact

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These donors chose to make a direct impact on a survivor's future by adding their names to the 2019 Minds Matter Honor Roll. Their contribution offset the cost of a survivor's tuition for one or more nine-week classes. THANK YOU FOR SHOWING SURVIVORS THAT ALL MINDS MATTER.

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Jim was an accomplished 55-year-old sales exec with Lockheed Martin Energy. While on a business trip in 2018, a missed step and torn quad muscle turned into a massive stroke. Two and a half years and thousands of hours of therapy later, his speech therapist at Sheltering Arms Rehabilitation Hospital in Richmond, VA passed along information on the Virtual Stroke Comeback Center. Pre-stroke, Jim was known for his love of words and bantering and these virtual classes provide the opportunity for interaction, engagement and the camaraderie of friends – with some jokes thrown in. Known for his positive outlook, Jim loves discussing audiobooks and current events in his classes each week.

Three years after obtaining her Ph.D. from the School of Pharmacy and Public Health at UNC Chapel Hill, Ashley was 34 years old and working in academic research. Seven hours after giving birth to her son, Caleb, she suffered a hemorrhagic stroke resulting in significant aphasia and apraxia. Nine years later she thanks SCC's programs for improving her communication and cognitive abilities beyond normal expectations. Her stroke also left her unable to drive, making it difficult to get to the Vienna center from her home in Leesburg. "We built the community in Loudoun County. I have developed lasting friendships with the same struggle in stroke and brain injury. I love the camaraderie around this SCC in Loudoun. We are lifting up our spirits. It feels like home."



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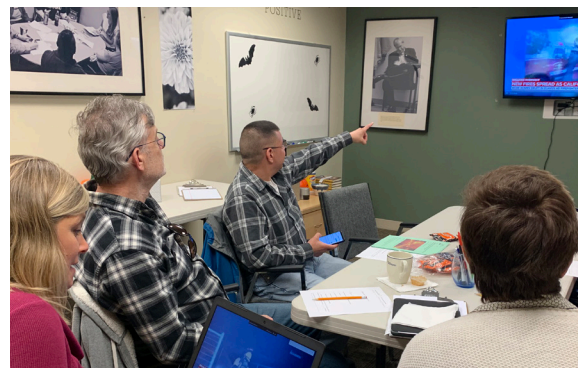
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