

Opening the door to a brighter tomorrow

# **The Intersection**

JUNE 9, 2017

# This week at the Center:

We focused on numbers. Listening to them, reading and writing them, saying them and using them! For some people with aphasia, numbers can be really difficult. It is a whole other symbol system to relearn. It is not uncommon to have difficulty with time, money, calculations, phone numbers, or managing appointments when you have aphasia.

# What's right for you?

Finding a language task that is at the right difficulty level and is interesting is the key! Don't get bogged down in where the tasks you pick falls in the task order of complexity. The tasks listed first are the most complex progressing to less complex. You want practice that is engaging AND at a level that you get a language workout but not so frustrating that you give up! The Intersection is available to everyone at the Center so it covers a wide range of abilities. Pick what works for you today!!

# A word about the name:

The Intersection is where home meets the Center. So many wonder what happens behind closed doors or how do I help at home or are lost as to where to even begin. Check out the Intersection for ways to keep using your language at home and keep moving on your road to recovery.

# **Member Portal:**

These are now available on our website in the **Member Portal**. Try it out!

Password: survivor

# **Listening and Reading:**

- Listen to this phone conversation and answer the questions. Click on the play button under:
   II. Listening Exercises <a href="http://www.esl-lab.com/eslbasic/phonenumbers-1.htm">http://www.esl-lab.com/eslbasic/phonenumbers-1.htm</a>
- Want to practice listening to and writing down phone numbers? Try this. It's hard!! <a href="http://www.esl-lab.com/phone.htm">http://www.esl-lab.com/phone.htm</a>
- Here are hundreds of worksheets that you can print out at all different levels to practice word problems! <a href="http://www.dadsworksheets.com/worksheets/word-problems.html">http://www.dadsworksheets.com/worksheets/word-problems.html</a>
- Listen to numbers, years, or telephone numbers and identify what you hear. You can do this with multiple choice (easier) or try to write down what you hear and check your work with multiple choice answers 9harder) http://www.englishnumber.com/
- Want to practice matching the number (14) to the written word (fourteen). Try this website: http://iteslj.org/v/e/ck-numbers.html

#### **Talking and Writing:**

- Many of the listening tasks above will also challenge your speech or writing.
- Play a game of Scrabble and add up your points.
- Take a deck of cards and flip one at a time. Practice saying each number. Want to make it harder? Say a whole sentence: It is the four of diamonds.
- Play a game of blackjack. Practice adding and estimating up to 21.
- Use your smartphone or a clock with hands. One person sets the time and the other person says what time it is.
- Want to practice writing the correct number? In this task you have to fill in the blank with a number. <a href="http://a4esl.org/q/h/fb003-ck.html">http://a4esl.org/q/h/fb003-ck.html</a>
- Use this video and practice saying the numbers 1-10 https://www.youtube.com/watch?v=6-hYKNkYAJU

#### **Supported Conversation:**

We all need help! Many members at the Center benefit from their conversational partner giving them some help. This means always encourage use of gestures, or use of a communication book, have paper nearby for writing or drawing, and give choices. When you don't understand, say so!

### **Questions or suggestions:**

This is a work in progress! Email me (Melissa) with questions or concerns. I am happy to help!
msr@strokecomebackcenter.org

#### **Using Numbers...**

Warning! Some of these sites are designed for children. I make sure to turn off my sound and ignore the graphics. I like the tasks. You decide if the websites work for you!

- Want to practice adding, subtracting, multiplying or dividing? This site allows you to practice and it gives you choices of answers. Change the time to unlimited so you don't feel rushed. IGNORE the graphics! https://www.coolmath4kids.com/quizzes/addition
- At Funbrain you can pick the difficulty by grade level and work on all types of skills (telling time, adding coins, calculation in different types of games. You can also click on Math Zone for Math only. https://www.funbrain.com/
- Take common grocery items from around the house.
   Use real money. Count out the estimated cost of each item.
- Write out or say a dollar amount (\$3.12). Count out the exact dollar bills and coins to match.
- Go to the store and make a purchase. Be prepared to let the cashier know that you had a stroke. Have it written on a card just in case you can't say it.
   Manage your own money!
- Play Dominos, Uno, Skip-Bo, Bunco or Yahtzee
- Cook something. All recipes require numbers. Want a challenge? Half or double the recipe.
- Take a deck of cards and put them in order from lowest to highest for each suit. When you're finished, practice saying each card.
- Play War with cards. Practice more / less.
- Practice actually dialing a phone and making a call.
   Have the number written out clearly.
- Practice dialing 911.