



The Intersection

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This week at the Center:

We focused on the session break and introducing new members. Often, people with aphasia just want to talk about the everyday personal stuff. They want a way to connect with others and WE all do that by sharing our personal stories, good and bad. We talked about food, chores, fun activities, hobbies, family and trips.

Speaking of connecting? Are you signed up to be part of our **family forum**? It is an email list and it offers our SCC family a way to connect with each other. You can post questions, needs or offers. It started because an SCC family wanted to give away a stair climber! You sign up in the **Member Portal**. Check it out!!

What's right for you?

Finding a language task that is at the right difficulty level and is interesting is the key! Don't get bogged down in where the tasks you pick falls in the task order of complexity. The tasks listed first are the most complex progressing to less complex. You want practice that is engaging AND at a level that you get a language workout but not so frustrating that you give up! The Intersection is available to everyone at the Center so it covers a wide range of abilities. Pick what works for you today!!

A word about the name:

The Intersection is where home meets the Center. So many wonder what happens behind closed doors or how do I help at home or are lost as to where to even begin. Check out the Intersection for ways to keep using your language at home and keep moving on your road to recovery.

Listening and Reading:

- Find a Podcast that interests you! Often if you look online, you can find a transcript of the podcast so that you can read and listen at the same time or do one first then the other and check out your skills. Is one easier? Some of our favorite podcasts: The SCC Slow Road to Better, Serial, This American Life, Things You Should Have Learned in History Class.
- Here are some sights that you can keep using for practice all session! There are a variety of levels although I would say that they are medium to hard. Some have the written transcript and some do not.
http://www.ello.org/games/student_games.htm
<http://www.talkenglish.com/lessonindex.aspx>
<http://www.ello.org/english/1451/1452-AimeeTodd-Routines.htm>
- Want to practice yes / no questions? Have a partner read them to you to practice listening.
<http://www.allthingsgrammar.com/yes--no-questions-present.html>
- Practice matching pictures to words and lots of other tasks. Try **Find 1**, **Find 2** or **matching**. Here's the link: <http://www.manythings.org/lulu/>

Talking and Writing:

- Many of the listening tasks above will also challenge your speech or writing. Tell someone about a podcast that you listened to!
- Have you ever considered writing a journal? Writing daily allows you to have consistent practice and a way to reflect back weekly, monthly and eventually yearly. It doesn't have to be fancy and it can be a document you type or handwrite.
- Practice spelling words. Each grade level gets harder.
<https://www.candlelightstories.com/Games/StellarSpeller>.
- Want to practice writing but need some of the letters filled in? Try this:
<http://www.manythings.org/vocabulary/games/v/>

Member Portal:

These are now available on our website in the **Member Portal**. Try it out!

Password: survivor

Supported Conversation:

We all need help! Many members at the Center benefit from their conversational partner giving them some help. This means always encourage use of gestures, or use of a communication book, have paper nearby for writing or drawing, and give choices. When you don't understand, say so!

Upcoming Events:

- Dining For Dollars at Fosters: 8/22
- Caregiver Connection: 8/26
- Kalikie Classic Golf Tournament: 9/13
- SCC Family Picnic: 9/17

Questions or suggestions:

This is a work in progress! Email me (Melissa) with questions or concerns. I am happy to help!

msr@strokecomebackcenter.org

Multi-modal (speech, gestures, writing)

- Here are some tasks that you can always go back to. Any task listed here will be done with a partner.
 1. Practice numbers by counting. You can change this up using cards, money or the calendar.
 2. Practice rote speech sequences such as 1-10, 10-1 (harder), ABC's, Days of the Week, Months of the Year. You can change this up by having the numbers, letters or words written out and cut apart. Then you can sequence them or use them to answer a question...what month are we in? What month is Thanksgiving? How many people are in this room?
 3. Is music and rhythm helpful? Try singing familiar songs like: Happy Birthday, Amen, You are my sunshine. Too boring...sing along with your favorite artists. Check out YouTube. It often has the music with the words.
 4. Play Charades or Pictionary. Encourage the use of gestures and drawing as much as possible.

Do something together!

- Look at the calendar together and plan some events. Write them down or draw an icon to indicate the event. Start with planning to come to the picnic!
- Have you tried jigsaw puzzles, painting or some type of craft? Using only one hand can certainly make it harder but we have members at the Center who have gotten back to knitting, painting, cross-stitch and model building. Take a trip to a local craft store! Don't forget to check for coupons!
- Next time you are at the Center, check out our lending library. We have audiobooks and movies. It's free!