

Opening the door to a brighter tomorrow

The Intersection

JUNE 16, 2017

This week at the Center:

We focused on the Blue Planet. We talked about all things oceans. What lives in them, where they are, what we eat from then, and what activities we like that involve water and we even tackled some trivia.

What's right for you?

Finding a language task that is at the right difficulty level and is interesting is the key! Don't get bogged down in where the tasks you pick falls in the task order of complexity. The tasks listed first are the most complex progressing to less complex. You want practice that is engaging AND at a level that you get a language workout but not so frustrating that you give up! The Intersection is available to everyone at the Center so it covers a wide range of abilities. Pick what works for you today!!

A word about the name:

The Intersection is where home meets the Center. So many wonder what happens behind closed doors or how do I help at home or are lost as to where to even begin. Check out the Intersection for ways to keep using your language at home and keep moving on your road to recovery.

Member Portal:

These are now available on our website in the **Member Portal**. Try it out!

Password: survivor

Listening and Reading:

- Watch this video from National Geographic. Write or discuss any new information that you learned. Do you agree with the statements? Do you think Nat Geo should get involved with politics? http://video.nationalgeographic.com/video/why-ocean-matters
- Read this article on aquatic therapy after a stroke.
 Does it sound like something you might want to do?
 http://www.strokenetwork.org/newsletter/therapies/aquatic.htm
- Listen to the song and fill in the blanks. I think this
 might be fun!
 http://www.esolcourses.com/content/topics/songs/drifters/under-the-boardwalk-gap-fill.html
- Match the beach pictures to the written word.
 http://www.esolcourses.com/uk-english/elementary-course/travel-and-holidays/at-the-beach-picture-guiz.html

Talking and Writing:

- Many of the listening / reading tasks above will also challenge your speech or writing.
- Use these discussion questions to have a conversation and get to know someone's opinions on the ocean. http://www.esldiscussions.com/o/oceans.html
- Write or state as many words as you can in each category: Things that are blue, types of seafood, names of Oceans, things you drink, water sports or activities, dangers in the oceans, bodies of water you visited.
- Download and label this world map. Use it as a support to communicate about where you have been and where you might want to go! https://www.tes.com/teaching-resource/blank-world-map-to-label-continents-and-oceans-6289444
- Try an interactive crossword puzzle.
 http://www.esolcourses.com/uk-english/elementary-course/travel-and-holidays/at-the-beach-crossword.html

Supported Conversation:

We all need help! Many members at the Center benefit from their conversational partner giving them some help. This means always encourage use of gestures, or use of a communication book, have paper nearby for writing or drawing, and give choices. When you don't understand, say so!

Questions or suggestions:

This is a work in progress! Email me (Melissa) with questions or concerns. I am happy to help!

msr@strokecomebackcenter.org

Multi-modal (speech, gestures, writing)

- Play a game of charades. Use pictures from the internet that somehow involve water (swimming, fishing, drinking, surfing, floating, shark, building sandcastles). Later, match the pictures to the written or spoken words.
- Play a game of memory. Print out two copies of these pictures.
 https://www.pinterest.com/pin/28759712618191759
 2/
- Use the same pictures and practice copying or repeating each word. If the whole word is too difficult, go for just the first sound.
- Use the pictures above or any picture and fill in the blank (picture of a sun: s _ n)
- Sing beach and summer related songs!

Do something together!

- Pop some popcorn and watch Jaws! Is it still as scary as the first time you saw it?
- Make mocktails (or cocktails) and pretend you are on vacation. Want to go all out?? Get a kiddie pool, fill it up and soak your feet while you sip!
- It's not too late to grow something! Pick a flower or a veggie and give it some love. Who knows...you might have a green thumb!
- Go swimming! So many stroke survivors are scared to get back in the water. See if you can find a buddy you trust, a pool with easy access and a shallow end. Wade in. Many local aquatic centers have adapted pools and programs to get EVERYBODY back in the water safely. This resource might help you. http://www.strokenetwork.org/newsletter/therapies/a quatic.htm
- Try an online jigsaw puzzle! These are all water themed. http://www.jigzone.com/gallery/Rivers+Lakes