

## Groups Description

### **Book Club I**

Read a book or listen to the audio book. Discuss the content of the reading or specific assignments. Average number of pages read per week is 50+

### **Book Club II**

Read a book or listen to the audio book. Discuss the content of the reading or specific assignments. Average number of pages read per week is 30-50

### **Book Club III**

Designed to develop basic reading abilities. Reading material and activities allow members with limited reading skills to participate and enjoy reading again.

### **Brain Challenge**

Keep your brain active through use of games. Focuses on basic memory, attention, organization skills and strategies.

### **Cognitive Strategies**

Focuses on learning and using specific strategies to improve high level thinking skills to increase overall independence.

### **Communication Toolbox**

Emphasizes communication through the use of written key words, lists, pictures, and apps. Group members work to combine skills and tools to get out both the basics and the fun stuff.

### **Explain It**

Uses a "constraint induced" format to encourage use of specific vocabulary (no writing or gesturing!) in the context of logic games and puzzles. For members who speak at the sentence level or higher.

### **Fun & Fitness**

Have fun while exercising your body and your brain. Members of all fitness and mobility levels are welcome. These groups meet next door at Cuppett Performing Arts Center.

### **Keep Current**

Discuss and debate current events supported by audio and video clips emphasis on use of memory strategies to retain discussed content from week to week.

**Life in Pictures**

Each week, use pictures that members have taken as a basis for discussion. All communication abilities welcome!

**Listen Up**

Listen to a podcast and discuss the content of the weekly listening assignment.

**Meeting of the Minds**

Focuses on auditory comprehension, basic functional communication and social interaction.

This group is primarily for members with fluent aphasia.

**Parts of Speech**

Focuses on specific parts of speech including verbs, prepositions and adjectives in written and spoken language

**Presentation Group**

For practicing brief presentations. For members interested in returning to work, participating in meetings, giving community speeches or just polishing their ability to speak in public

**Reading Strategies**

For anyone who wants to work on reading comprehension, retention and reading efficiency

**Selected Topics I**

Group focuses on speech clarity, language use, word retrieval, social interaction, and listening skills at a conversational level

**Selected Topics II**

Group focuses on speech clarity, language use, word retrieval, social interaction, and listening skills at a functional level

**Selected Topics III**

Group focuses on speech clarity, language use, word retrieval, social interaction, and listening skills at a supported level.

**Selected Topics IV**

Group focuses on supported conversation of topics of interest using multi-modal communication (writing, gestures, etc.) strategies.

**Shark Talk**

Practice communication, auditory comprehension and money skills by watching episodes of Shark Tank and bidding on ideas. You be the shark!

**Slow Road to Better**

For members interested in telling their story, discussing issues related to stroke and aphasia and being part of a podcast production

**Total Communication**

Focus on basic vocabulary, writing and use of verbal and nonverbal strategies to express ideas. For members with significant apraxia and/or aphasia

**Variety Hour**

For all members who like to practice a variety of skills! Functional language and thinking tasks will be addressed such as numbers, technology, talking, listening and cooking.

**VAST™ \***

For members with apraxia of speech. Use Video Assisted Speech Technology (VAST™)\* on your iPod, iPhone or iPad in a sequential motor planning program.

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**Wh-Questions**

This group is for members who want focused practice on understanding and using wh-words (who, what, when, where, why)

**What's Trending**

Discussion of current topics in news, sports and pop culture with an emphasis on social media and websites

**Writing Toolbox I**

For practicing personal and professional writing skills. For members who are able to write sentences to paragraph length

**Writing Toolbox II**

Aimed at practicing personal writing skills. For members who are able to write words and sentences

### **Writing Toolbox III**

Designed to practice personal writing skills. For members who write at the word or short sentence level